

DAILY PROGRAMME EXAMPLE: “Outdoor education”

Day 0 (usually Sunday): Participant arrival. Day 7 (usually Sunday): Participant departure

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
9.00-10.00	Unit 1: Orientation and information about the venue and the city	Unit 1 Key principles and benefits about outdoor education	Unit 1 How to design, plan and deliver outdoor education activities	Unit 1 Role of reflection and reflective practice in outdoor education.	Unit 1 Outdoor education for the future	Full-day trip (Venice)
10.00-11.00	Unit 2: Competences ex-ante evaluation	Unit 2 Group exercise	Unit 2 Resources and tools for outdoor education	Unit 2 Project work	Unit 2 Group activities	
BREAK						
11.30-12.30	Unit 3 Course introduction and team building exercises	Unit 3 Theory and practices of experiential education and environmental education	Unit 3 Role of reflection and reflective practice in outdoor education	Unit 3 Project work	Unit 3 How to transfer to practice	
12.30-13.30	Unit 4: My story in nature. Personal and professional storytelling	Unit 4 Sharing practices with colleagues	Unit 4 Advanced workshop on topic connected with participant interests.	Unit 4 What, how and why outdoor. Cooperative learning workshop	Unit 4 Disseminating learning for outdoor activities	
LUNCH BREAK						
AFTERNOON	Guided visit of Padova	Additional units or training tailored to specific needs (optional) Cultural and social activities in Padova and a traditional Italian aperitif	Guest speaker on a selected topic or visit to a local organisation	Unit 5: Brainstorming dissemination ideas Unit 6: Discussion of future cooperation and planning follow-up activities	Unit 5: Validation of learning outcomes and a certification ceremony Unit 6: Course wrap-up and final evaluation	
EVENING			Dinner at a traditional Italian restaurant			

	Organised by Teachersrise
	Training session